



Dinwiddie County
Parks & Recreation

1st Annual Soccer Camp

Saturday, March 17th

Eastside Enhancement Center

\$10 per person*

Open to boys and girls ages 5-12

This 4 hour camp creates a safe and fun learning environment for children to become acclimated and engaged with soccer at its earliest foundation. Campers will focus on soccer skills and building teamwork in a positive sportsmanship atmosphere. The concepts go beyond the game of soccer where children will practice reaching developmental milestones in socialization, emotional and physical development, as well as cognition and communication.

Morning Camp: 8:30am – 12:30pm, Ages 5-8

Sign In 8:30-9:00

Session I 9:00-9:40 Dribbling (cones, caps & cones, inside, laces, striking)

Session II 9:45-10:30 Passing (one v one, gates, chutes, goals)

Session III 10:40-11:25 Triangle passing w/defense

Session IV 11:30-12:30 4 v4 Small Sided Games

Afternoon Camp: 12:00pm – 4:00pm, Ages 9-12

Sign In 12:00-12:30

Session I 12:30-1:20 Dribbling

Session II 1:25-2:15 Passing

Session III 2:20-3:00 Triangle passing w/defense

Session IV 3:00-4:00 4 v4 Small Sided Games

Registration Information: February 19th – March 17th

Allowed to register the day of the event at the Eastside Enhancement Center

Registration will be from 8:00 until 11:00am during the day of the event

Eastside Enhancement Center

(804)732-1100

7301 Boydton Plank Road, N. Dinwiddie

Robert & Betty Ragsdale Community Center

(804)478-6146

20916 Old School Road, McKenney

**Instruction given by Level F VYSA Certified coaches,
assisted by DCFC U18 players*