

## DCPR Youth Soccer Rules Update:

### Soccer Term/Definitions:

- **Free Kick:** When a player is taking a free kick INSIDE HIS OWN PENALTY AREA, all of the opposing players shall remain OUTSIDE THE AREA and shall be approximately 10 feet from the ball while the kick is being taken. THE BALL SHALL NOT BE IN PLAY UNTIL IT HAS TRAVELED BEYOND THE PENALTY AREA.
- **Direct Kick:** a goal can be scored directly against the offending side.
- **Indirect Free Kick:** a goal cannot be scored unless the ball is touched or played by a player other than the kicker before passing through the goal.
- **Penalty Kick:** If a direct kick foul is committed within the penalty area of the defending team, the ball is kicked from the penalty mark by the opponents. At the time of the kick, players from both teams, except the defending goal keeper, must stay behind the twenty-foot radius around the penalty mark. Any attacking player may kick the penalty kick and must kick the penalty forward or an indirect kick will be awarded to the opponent on the penalty spot.
- **Throw-In:** A throw-in will be awarded to a team when the ball goes completely over the sideline, either in the air or on the ground. The player throwing the ball in must keep both feet on the ground and throw the ball in with both hands, starting with the ball over or behind the head. If this is not done properly, the opposing team will be awarded a throw-in from that spot. The player throwing the ball in cannot touch the ball until it is touched by another player from either team.
- **Goal Kick:** When a player from the opposing team touches the ball last before it crosses the end line, the defensive team is awarded a goal kick from the corner of the goal box, on the side of the goal that the ball went out on. The team kicking the goal kick can have one player besides the kicker and the goalie to defend the goal.
- **Corner Kick:** If a member of the defending team was the last player to touch the ball before it crossed the goal line either on the ground or in the air, the attacking team shall be awarded a corner kick. The ball is placed on the corner circle on the same side where the ball crossed the goal line. A goal may be scored directly from a corner kick. The kicker cannot touch the ball a second time until it has been touched by another player on either team.
- **Offsides:** No Offside calls on 9u and under. Offsides is defined as "A player is in an offside position if any of their body parts are in the opponents half of the field, and closer to the opponent's goal than both the ball and the second to last opponent"

- **Instructional League Substitution procedures:** Each player shall play an equal amount of time in each match (at least half the match) to balance playing time for each player. If a player arrives late and the team is short a player on the field, you may immediately put him/her onto the field.
- **Law XI "EJECTIONS AND CARDS":** All misconduct and warnings / cards will be issued by the assigned referee. A yellow card = a warning and sent to the bench to speak with the coach. 2 yellow cards = ejection from the game + 1 game after. Red card = immediate ejection from the game + 1 game after. If the issue escalates, P&R Staff will intervene as needed.
- **Law XII "HEAD BALLS":** no head balls 12u and under and the restart. Intentional head ball is an indirect kick for the opposing team. Accidental head ball is restarted with a dropped ball. This would apply to the 9u and 12u age groups.
- **LAW XV "Corner Kick":** All opponents must be ten (10) yards away from the ball (all age groups)
- **LAW XVI "SHOOTING/OVERTIME":** There will be no overtime during the regular season. During playoffs: there will be one (1) over time for the 9u and 12u divisions (5 minutes + any stoppage time). If it's still a tie after the end of the overtime, there will be penalty kicks to decide the winner of the match (5 shots on goal per team). No overtime will take place for the instructional league. 14u and 18u overtime will be dependent on the amount of teams / tournament style.